

# The Prescription Drug Monitoring Program (PDMP): A Tool in the Fight Against Controlled Substance Misuse and Abuse

Nancy Bishop, RPh
State Pharmacy Director
Alabama Department of Public Health

#### **Objectives**

- Describe the opioid crisis in Alabama.
- Describe how to register for access to the Prescription Drug Monitoring Program (PDMP) controlled substance database.
- Describe features of the PDMP clinicians can use to help in their clinical decisions.

#### **Disclosures**

I have no relevant financial relationships with a commercial interest to disclose.

### Alabama Opioid Prescribing Rates Compared to National Average

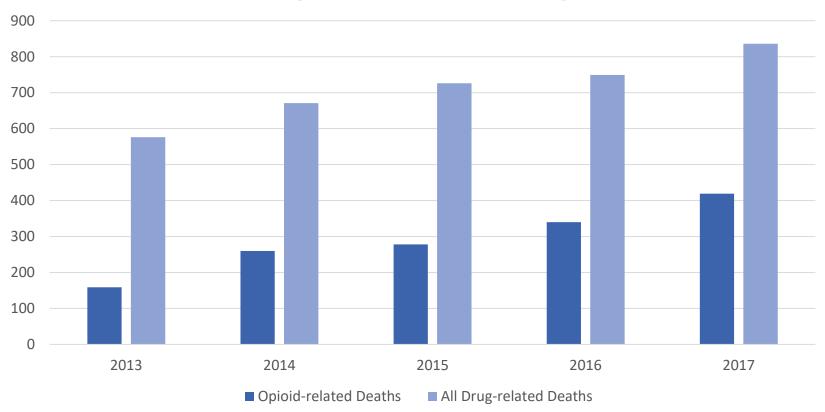
(National averages are in parenthesis)

Year	# Opioid RXs	# LA/ER Opioid RXs	RXs <50 MME/day	RXs >=50 - <90 MME/day	RXs >=90 MME/day
2014	135.3 (75.6)	10.8 (6.9)	109.3 (55.1)	15.4 (13.4)	10.5 (7.1)
2015	125 (70.6)	10.4 (6.7)	100.1 (51.6)	15.2 (12.4)	9.8 (6.7)
2016	121 (66.5)	9.9 (6.3)	97.5 (48.9)	14.7 (11.5)	8.8 (6.1)
2017	107.2 (58.5)	8.2 (5.3)	87.6 (43.7)	12.9 (9.8)	6.8 (5.0)
2018	97.5 (51.4)	6.9 (4.5)	81.5 (39.7)	10.8 (7.9)	5.1 (3.9)

#### **Drug- Related Deaths**

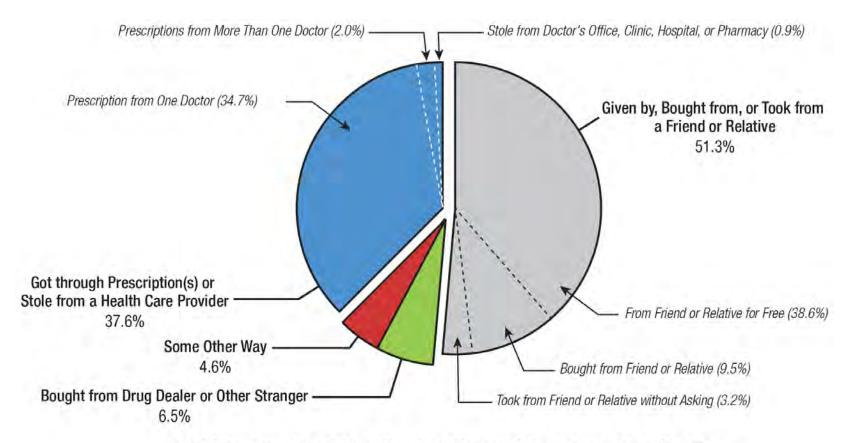
**ADPH Overdose Surveillance Summary** 

#### Number of Drug-related Deaths Occurring in Alabama



The sharp increase from 2013-2014 was mainly due to heroin, while the increase from 2015-2016 was mainly due to fentanyl-related deaths. Number of fentanyl-related overdose deaths are increasing faster than any other illicit or prescribed drug.

#### **Source of Pain Relievers**



9.9 Million People Aged 12 or Older Who Misused Pain Relievers in the Past Year

## The Alabama Prescription Drug Monitoring Program (PDMP)

A database of all controlled substances dispensed in Alabama. Includes out of state pharmacies that ship into Alabama.



## The Alabama Prescription Drug Monitoring Program (PDMP)

- ➤ Began collecting data in 2006.
- Currently contains data dating back 5 years plus current year.
- ➤ Have data sharing agreements with 34 states and one territory, including all 4 surrounding states. Access is based on role and state laws.

## Alabama Legislature: Act 2004-443

Effective date: August 1, 2004

- ➤ Authorizes the Alabama Department of Public Health to establish a controlled substance database for the collection of controlled substances prescription data.
- ➤ All information in the database is declared privileged and confidential.
- Not subject to subpoena or discovery in civil proceedings.
- Only to be used for investigatory or evidentiary purposes.

#### **Appropriate Use of PDMP Data**

- Any person who intentionally makes an unauthorized disclosure of information contained in the controlled substances prescription database shall be guilty of a Class A misdemeanor. Any person or entity who intentionally obtains unauthorized access to or who alters or destroys information contained in the controlled substances database shall be guilty of a Class C felony (Act 2004-443, p. 781, § 7).
- The reports generated from the controlled substances database contain confidential information, including patient identifiers, and are not public records. The information should not be provided to any other persons or entity.

#### **Report Disclaimer**

- The Alabama PDMP does not warrant the above information to be accurate or complete. The report is based on the search criteria and the data provided by the dispensing entities. For more information about any prescription, please contact the dispenser or the prescriber.
- The report contains confidential information, including patient identifiers, and is not a public record. The information should not be provided to any other persons or entity.

#### Who Has Access?

- Certifying boards.
- State licensed practitioners.
- State licensed pharmacists.
- State licensed physician assistants.
- > State, local, and federal law enforcement authorities.
- State licensed certified nurse practitioners
- State licensed nurse midwives.
- Medicaid Agency (for Medicaid recipients only).
- Physician delegates (maximum of 2).

## Who Must Report and What is Required to be Reported?

- All dispensers of controlled substances in Alabama are required to report to the PDMP except methadone clinics and federal facilities.
  - ➤ Methadone clinics are exempt per federal law
  - ➤ VA clinics voluntarily report.
- Dispensers include pharmacies, physicians, other practitioners licensed by an Alabama regulatory board (except veterinarians).
- The definition of dispensing is "going out the door with or to the patient." Does not include CS administered to a patient while in the practitioner's office or on the premises of an in-patient facility.

#### **Reporting Requirements**

- Dispensers of controlled substances are required to report daily (business days).
- ➤ If no controlled substances are dispensed, a "Zero" report must be submitted daily.
- ➤ Data can be found in the database within minutes of the submission.

#### **NarxCare**

- ➤ Provides an Overdose Risk Score for each patient (0-999). The higher the score, the more at risk a patient is for overdosing.
- Disclaimer: NarxCare scores and reports are intended to aid, not replace, medical decision making. None of the information should be used as sole justification for providing or refusing to provide medication. The information on this report is not warranted as accurate or complete.

#### **NarxCare**

➤ Prescriptions are listed in bar graph. Hovering over each segment on the graph will provide prescription information.

- Narcotics are in red, Sedatives are in blue, Stimulants are in green, and Others are in black.
- ➤ Graph for Morphine Milligram Equivalent per day.
- >Listing of prescription information is at bottom of page.

# Electronic Medical Record (EMR) and Pharmacy Management Software Integration

- Available to all with no on-going maintenance charge.
- ➤ Software vendors may charge a development fee.
- Saves time.
- To date, 141 entities, including 4 pharmacy chains and 7 health systems/hospitals are accessing the PDMP via the EMR/Pharmacy Management Software.

#### **PDMP Database**

- ➤ Log in page: <a href="https://alabama.pmpaware.net">https://alabama.pmpaware.net</a>.
- To create an account, enter email address and click on Create an Account.
- To access existing account, enter email address and password.
- ➤ If password is forgotten, enter email address and click on Reset Password. Coming: passwords can be reset by email or text if a mobile phone number is listed in the user's profile.

#### **Appriss Health Aware PMP**

- ➤ Patient searches are based on exact first name, last name. Can use partial name with a minimum of 3 letters.
- ➤ Can enter a range for date of birth.
- ➤ Use Bulk Patient Search when a patient may have had prescriptions filled under different names.
- The physician controls Delegate and Mid-Level prescribers associated with his/her account.

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Email	
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Create	an Account
Need Help?	

#### **Contact Information**

Help Desk

1-855-925-4767 (Option 1)

Program

334-206-5226

pdmp@adph.state.al.us

#### Thank You for Your Time

Nancy Bishop, RPh
<a href="mailto:nancy.bishop@adph.state.al.us">nancy.bishop@adph.state.al.us</a>
334-206-3014